

**THE UNIVERSITY OF TEXAS AT EL PASO
COLLEGE OF HEALTH SCIENCES**

**Health Science: 1301
Foundations of Health Science and Health Promotion
Tuesday – 1:30 pm - 4:20 pm
College of Business Administration, Room 302
Fall, 2009**

Instructor:	Sharon Thompson, MPH., Ph.D., CHES
Office:	College of Health Sciences, Office #706
Office Hours:	Mondays: 9:30 am – 11:30 am, Tuesdays: 11:00 am – 1:00 pm, Thursdays: 3:30 pm – 5:30 pm, Or by appointment.
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Course Description: Provides information essential to understanding factors that affect human health: health determinants, health indices, ethical issues, and societal trends. Investigates professional practice settings, health professions, roles and functions of health professionals and professional health organizations. Visits to community health worksites may be required.

Course Rationale: This course provides an overview of the health education profession. Class activities and discussion combined with the field experience, which is completed outside of class with a practicing health educator, gives students an opportunity to gain a foundation for subsequent major course work.

Course Objectives: Upon completion of the course the student will be able to:

1. Develop a personal philosophy of health education.
2. Understand the history of health education and public health.
3. Explain how health education occurs within society.
4. Identify and provide examples of major roles and work settings of health educators.
5. Understand ethical issues relating to health education.
6. Identify the roles, responsibilities, certifications, and advanced study of health education.
7. Describe the function, literature, focus, and programming of several professional health education organizations.
8. Identify the skills necessary to be a health educator.
9. Describe future trends in health education.
10. Construct a professional portfolio.
11. Develop a professional poster to disseminate health information.
12. Interview a practicing health educator and shadow the individual for 4 hours.

Required Text:

Cottrell, R. R., Girvan, J. T. & McKenzie, J. F. (2008). *Principles and Foundations of Health Promotion and Education*, Fourth Edition. San Francisco, California: Benjamin Cummings.

Methods: The following methods will be used to examine the foundations of health science and health promotion:

- Lecture-discussion
- Assigned readings in text or handouts.
- Educational videos
- Group assignments/activities
- Individual assignments/activities
- Guest lectures
- Field experience

Activities and Grading Plan

- Assignments - Group and individual exercises will be assigned throughout the semester. In order to earn the points, the student must be in attendance. No late group or individual assignments will be accepted (100 points).
- Interview & Shadowing Experience – The student will interview a practicing health educator and shadow that individual for a minimum of 4 hours. Further instruction will be provided (100 points).
- Poster – The student will develop a poster outlining a professional health education association. The poster will be presented in class. Further instruction will be provided (50 points).
- Portfolio – The students will develop a professional portfolio. Further instruction will be provided (100 points).
- Health Practitioners Notebook – Students will compile contact information from all health practitioners distributed during the Interview and Shadowing presentations, and compile them into a notebook. Further instruction will be provided (50 points).
- Examinations – There will be three examinations. The test items may be objective in nature including: multiple choice, true/false, and/or matching. These three exams will be of equal weight (3 exams 100 points each).

	Points
⇒ Assignments	100
⇒ Interview, Shadowing, and Presentation	100
⇒ Poster	50
⇒ Portfolio	100

⇒ Health Practitioners Notebook	50
⇒ Examination I	100
⇒ Examination II	100
⇒ Examination III	100
TOTAL	700

Grading Scale

700 – 537 Pts	A
536 – 477 Pts	B
476 – 417 Pts	C
416 – 357 Pts.	D
356 or below	F

Attendance Policy and Tardiness: An excused absence is a university excused absence as defined in the University catalog. Please refer *The University of Texas at El Paso Undergraduate Catalog* for specific details. Make-up examinations and activities/assignments, etc. will **only** be granted in the event of a university excused absence. Students who are excessively absent from class (as determined by the instructor) will be dropped from the course.

Punctual attendance to all class sessions and remaining for the duration of the class is required. Chronic tardiness and/or leaving early will not be tolerated. Students who are excessively tardy to or leave early from class (as determined by the instructor) will be dropped from the course.

Notice of Policy on Cheating: Students are expected to be above reproach in all scholastic activities. Students who engage in scholastic dishonesty are subject to disciplinary penalties, including the possibility of failure in the course and dismissal from the university. “Scholastic dishonesty includes but is not limited to cheating, plagiarism, collusion, the submission for credit of any work or materials that are attributable in whole or in part to another person, taking an examination for another person, any act designed to give unfair advantage to a student or the attempt to commit such act.” Regent’s Rules and Regulations, Part One, Chapter VI, Section 3, Subsection 3.2, Subdivision 3.22. Since scholastic dishonesty harms the individual, all students, and the integrity of the university, policies on scholastic dishonesty will be strictly enforced.

Special Concerns: If the student has any special needs or concerns, these should be brought to the instructor's attention as soon as possible. This includes disabilities relevant to successful completion of this course. Disabled Student Services, located on main campus, is available to assist.

Guidelines/Recommendations:

- Students are responsible for studying assigned readings or handouts **before** each class session.
- Students are expected to be on time to class each session. Be punctual.
- If the student must be absent, he/she is responsible for obtaining the material, notes, handouts, etc. covered during the session from a classmate.
- Group and individual assignments must be turned in on time. Absolutely **NO** late assignments will be accepted.
- Group or individual activities must be completed on the assigned date. Group or individual activities may **NOT** be made up at a later date.
- Make-up exams will only be given in the event of a University excused absence.
- Cellular telephones, beepers, and text messaging are absolutely **prohibited**.
- Remember, students earn grades; professors do not give grades.

Course Schedule

(This is a tentative course outline and subject to change pending notification by the professor.)

08/25/09	Tuesday	Introduction and Class Orientation Chapter 1 – A Background for the Profession
09/01/09	Tuesday	Chapter 9 – The Literature of Health Education & Library Orientation
09/08/09	Tuesday	Chapter 2 – The History of Health and Health Health Education
09/15/09	Tuesday	Exam I
09/22/09	Tuesday	Chapter 8 – Agencies/Associations/Organizations
09/29/09	Tuesday	Chapter 3 – Philosophical Foundations
10/06/09	Tuesday	Chapter 5 – Ethics in Health Education

10/13/09	Tuesday	Exam II
10/20/09	Tuesday	**Poster Presentations**
10/27/09	Tuesday	Chapter 6 – The Health Educator: Roles, Responsibilities, Certifications, Advanced Study
11/03/09	Tuesday	Work Session
11/10/09	Tuesday	Chapter 7 – The Settings for Health Education **Portfolios Dues**
11/17/09	Tuesday	Interview and Shadowing Presentations
11/24/09	Tuesday	Interview and Shadowing Presentations
12/01/09	Tuesday	Chapter 10 – Future Trends in Health Education Course Wrap-Up (Last day of Class) **Health Practitioner Notebooks Due**
TBA	TBA	**Final Examination*