

DEPARTMENT OF HEALTH PROMOTION

Course Syllabus

FALL 2009 (Monday & Wednesday Sections)

HSCI 4201 Health Education for Elementary School Teachers

Instructor: Elva Vazquez, M.Ed.

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Day Phone 937-2182 (Message Center @ Socorro High School)

Hours: **MON & WED:** 5:20 – 5:50 PM and by appointment

Required Text: Teaching Today's Health, 8th EDITION

Anspaugh & Ezell, Authors

Allyn and Bacon, Publishers

COURSE DESCRIPTION: The course focus is on the identification and the study of current health concerns, principles and practice of teaching health, selection and implementation of effective instructional strategies; investigation of the coordinated school health program; curriculum development and evaluation on instruction and the school health program.

COURSE OBJECTIVES: By the end of the semester the student will be expected to:

1. Define the terms health, wellness, health promotion and health education
2. Identify the many problem areas that confront our young children in the U.S.
3. Identify why health education is necessary
4. Discuss the significance of the Youth Risk Behavior Surveillance System (via CDC)
5. Describe the eight basic components of the Coordinated School Health Program (CSHP)
6. Discuss the academic and personal qualifications of an effective health educator
7. Describe how a teacher of health has an opportunity to be a significant and positive role model in student's lives
8. Explain the barriers that make health instruction more difficult to teach than other subjects in the curriculum
9. Describe the legal liability associated with teaching (via SBEC site)
10. Explain how the health educator can work with other members of the school staff to enhance the wellness of students
11. Describe the scope and sequence of health education
12. List the content areas of health education
13. Identify the national health standards and state why they are important
14. Discuss why outcome-based education and performance indicators are important to health education
15. Develop detailed lesson plans to cover the topics discussed in class

UPDATED FALL 09

Thanksgiving Break: Nov. 26 - 27, 2009

16. Produce behavioral objectives for each of the contents areas discussed in class
17. Identify different strategies that enhance learning for different styles
18. List the factors that affect teaching strategy selection
19. Discuss the various styles of learning
20. Discuss ways to use technology in the classroom
21. Demonstrate the ability to teach one component of a content area covered in class
22. Explain the difference between measurement and evaluation
23. Discuss steps necessary for developing a teacher-made test
24. Define measurement, evaluation and testing
25. Develop a list of local community sites that would be appropriate for school field trips
26. Develop a list of local community agencies that could supply guest speakers for the health classroom
27. Illustrate an understanding of each of the content areas introduced in the text and discussed in class
28. List several learning activities associated with each of the content areas
29. Prepare one bulletin board associated with one of the content areas
30. Select and evaluate health teaching materials and modules available from voluntary health agencies

COURSE PROCEDURES:

The class will involve lectures, class discussions and individual and group activities. Attendance and punctuality are expected. No make up for exams and group activities will be permitted. No extra credit work will be given or accepted. No make up will be allowed if absent on the date of presentation. If a student is absent on more than three occasions, one letter shall be dropped from the final semester grade.

DO NOT COMMUNICATE (BY PHONE NOR E-MAIL) THAT YOU WILL BE ABSENT. YOU ARE SIMPLY MARKED AS NOT ATTENDING CLASS FOR THAT DATE.

I. Examinations: There will be two examinations. They are worth 75 and 50 points respectively. Review sheets for each exam to be posted on WEB CT.

BRING # 2 PENCIL & SCANTRON: FORM # F- 4 3 9 1 : PINK PAGE (FULL SIZE)

II. Team Activities: Students, in groups of 4, will select a topic from the content area of the text and prepare to teach that topic (grade level appropriate) to the class on the date shown on the syllabus. The lesson should not be less than 45 minutes (no more than 75) and will depend on the number of people teaching that day. Two learning activities will be included. The team-teach will equal 60 points. The same date a component is taught, a detailed lesson plan, including student assessments, resource sites and individual sample test questions for the lesson will be turned in to the instructor. The typed lesson (double spaced) plan equals 100 points. (EXTRA 10 POINTS FOR YOUR 6 Q / A)

Also, the day of the lesson, a bulletin board relating to the topic will be in place in the classroom. Maximum score is 50 points. Criteria for evaluation of all team activities and individual typed objectives will be posted on WEB CT early in the semester.

ALL ASSIGNMENTS TURNED IN SHALL BE TYPED, DOUBLE SPACED, NO SMALLER THAN SIZE 12 FONT. NO EXCEPTIONS TO THIS REQUIREMENT. ALWAYS DOCUMENT YOUR “LAST NAME, FIRST NAME” ON ALL ITEMS SUBMITTED FOR A GRADE.

Grades will be based on a total point system, which will include the above assignments. The breakdown is as follows:

ITEM	POINTS
EXAM I	75
EXAM II	50
CLASS PARTICIPATION	50
OBJECTIVES (LONG TERM ASSIGNMENT)	100
TEAM TEACH	60**
LESSON PLAN	100 – 110 **
BULLETIN BOARD	50**
RESOURCE SITES	25**
** TEAM	ACTIVITIES
TOTAL POINTS	520

TOTAL POINT SCALE to be USED IN FINAL GRADE SLIP:

- A = 468 – 520
- B = 416 – 467
- C = 364 - 415
- D = 312 - 363
- F = Less than 311

EXCHANGE OF STUDENT PHONE # AND E-MAIL HIGHLY RECOMMENDED

Wk #	Mon / Wed	Chapter/Team	Topic	Comments
1	Aug 24 / 26 Chapter 1	Intro, discuss syllabus, Youth Health problems	Web sites, form presentation groups for “team teach”	Purchase your textbooks and read chapters 1 – 3 for next class meeting
	INTERNSHIP & “PPR info	“The need for	He. education	SBEC, TEA, HP2010”
2	AUG 31 (M) WED 2 (W)	Ch 2 and finalize team selection	“The role of the health educator”	Demo CD w/ bulletin boards
		Ch 3.	Set Dates for presentation	Planning: overview of lesson plan elements
3	SEPT 7* / 9	Ch 3 “ <u>The Lesson Cycle</u> ” <i>View Nutr.</i>	Team index cards & ph. #, Planning	behavior objectives & demo H.M. w/ skill sheet
	Sept 7 *	MON	HOLIDAY	SEE Sept 14
4	SEPT 14 / 16 recap week 3	Ch 3. “ <u>The Lesson Cycle</u> ”	Objectives & activities	Demo CARDIO lesson plan, <i>Exam I review doc. From Web CT</i>
		Ch 4	<u>Methods and Activities</u>	Learning Styles Inventory, outcomes & modifications
5	SEPT 21 / 23	Review all score sheets, demo BB	“Resource sites format”, demo ETR \$\$ curricula	Q/A teamwork, “loose ends, DEMO CARDIO L.P. again
6	SEPT 28 / 30 1st HALF OF CLASS	Ch. 5	<u>Measurement and Evaluation Strategies</u>	VIEW STUDENT SAMPLES OF OBJECTIVES
6	SEPT 28 / 30 2nd HALF OF CLASS	EXAM I (75 test items)	EXAM I 90 MINUTES	Bring # 2 pencils , <u>YOUR UTEP ID CARD</u> & Pink Scantron
NO	MAKE	UP FOR	MISSED	EXAM
7	OCT 5 / 7	Group	Work Session:	Attendance Required
		Prepare for	Your Team	Teach Activities
	Instructor	Available	In classroom	As a resource w. ETR

Wk	Mon / Wed	Chapter/Team	Topic	Comments
8	OCT 12 / 14 Discuss EX I	Team Teach #1	Personal Health & Fitness (9)	Attendance for this lesson is absolutely crucial !
9	OCT 19 / 21	Team Teach # 2	Family Life & Sexuality (11)	IF NOT TEACHING, YOU WILL SERVE AS A
10	OCT 26 / 28	Team Teach # 3	Substance Abuse (13)	PEER ASSESSOR OR AS A "STUDENT"
11	NOV 2 / 4	Team Teach # 4	Diseases (15)	KEEP TRACK OF YOUR ATTENDANCE & PARTICIPATION
12	NOV 9 / 11 Double lesson Today ! Plan on full 3 hour class.	Team Teach # 5 and Team # 6	Nutrition (17) AND Body Systems(8)	Double participation points today; two lessons will be presented; plan on staying the entire duration of class.
NOTE	YOUR TEAM	RESOURCE	SITES X 12	DUE TODAY : WEEK 13
13	NOV 16 / 18	Team Teach # 7	Accidents, Injuries & Violence (19)	COLLECT 12 COPIES OF TEAM RESOURCE SITES
14	NOV 23 / 25 ***NO LATE WORK :	Typed (size 12 font) double spaced	Objectives due today. (Include	the two score sheets from Web CT) ***
14	NOV 23 / 25	Team Teach # 8	Consumer Health Ed. (21)	Mental Health (6)
15	NOV 30 (M) DEC 2 (W)	Team Teach # 9	<u>Environmental</u> He. Ed. (25)	<u>Aging, Death & Dying</u> <u>Educ. (23)</u>
16	MON : Dec _____	EXAM II	See next Page for	Exam II particulars
16	WED : Dec _____	EXAM II	See next Page for	Exam II particulars

BRING A SELF ADDRESSED / STAMPED (WITH CORRECT FIRST CLASS POSTAGE) ENVELOPE FOR EXAM II PRINT- OUT. GRADES WILL NOT BE ISSUED VIA TELEPHONE OR E-MAIL. PLEASE DO NOT CALL ME FOR YOUR GRADES.

BRING A #2 PENCIL & SCANTRON FOR BOTH EXAMS

EXAM II INFORMATION:

Exam II Location: _____	CRN : _____
Date _____	Time _____

DISABILITY DISCLAIMER:

IF YOU HAVE OR SUSPECT A DISABILITY AND NEED ACCOMMODATIONS, YOU SHOULD CONTACT THE DISABLED STUDENT SERVICES OFFICE (DSSO) AT 747-5148. YOU CAN ALSO E-MAIL THE OFFICE AT DSS@UTEP.EDU OR GO TO ROOM 106, UNION BUILDING EAST. FOR ADDITIONAL INFORMATION, VISIT THE DSSO WEBSITE AT WWW.UTEP.EDU/DSSO/

CLASSROOM BEHAVIOUR EXPECTATIONS:

1. ATTEND CLASS IN A PUNCTUAL MANNER; ATTENDANCE WILL BE DOCUMENTED
2. REFRAIN FROM CONSUMING ANY TYPE OF FOOD AND DRINKS IN CLASS
3. DO NOT LEAVE CLASS BEFORE DISMISSAL
4. PARTICIPATE WHEN LESSON CALLS FOR YOU TO SERVE AS “STUDENT/AUDIENCE ” MEMBER OR AS A “PEER ASSESSOR”
5. REFRAIN FROM SOCIALIZING DURING CLASSTIME
6. **REFRAIN FROM USING ALL ELECTRONICS (ESPECIALLY TEXTING DEVICES) DURING CLASSTIME** {THERE IS NO NEED FOR COMPUTER USE IN CLASS} SEE ITEM # 7 BELOW
7. DOWNLOAD AND BRING ALL WEB CT ITEMS PRIOR TO FIRST CLASS MEETING; BRING THESE ITEMS TO ALL CLASS SESSIONS THEREAFTER.
8. READ THE CHAPTER(S) INDICATED ON THE SYLLABUS, BE PREPARED TO ENGAGE IN DISCUSSION / SEMINAR FOR CHAPTER(S) BEING COVERED ON THAT DATE.
9. **DO NOT CALL ME OR E-MAIL WHEN YOU ARE ABSENT.**
10. **MAKE CERTAIN THAT YOUR UTEP E-MAIL ACCOUNT IS ACTIVE. IN ADDITION TO WEB CT DOCUMENTS, I SEND YOU POWER POINT PRESENTATIONS (EXAM REVIEW ITEMS) VIA UTEP E-MAIL.**

THANK YOU.

ELVA VAZQUEZ

{CELL # 422-5420 }