

University of Texas at El Paso

College of Health Sciences Department of Kinesiology

Course Description

Recognition and prevention of injuries in sports activities as well as emergency care procedures/provisions for common physical education and playground injuries.

Course Objectives

This course is designed to provide individuals from varied academic disciplines with introductory information pertaining to modern athletic training. The course will lean heavily on prerequisite coursework and a working knowledge of anatomical terminology is expected. Although designed for individuals from many domains involving the physically active, the course will approach athletic injury from the perspective of the athletic trainer. Topics will be limited to those that are considered germane for the introductory student. At the conclusion of this course, the student should be able to:

- 1 Explain the roles of the members of the sports medicine team
- 2 Describe the significance of preventative measures such as proper conditioning and adequate nutrition
- 3 Explain the basic physiological processes involved in tissue injury and repair
- 4 Demonstrate and describe basic emergency procedures

Class Meetings

Monday 6:00 – 8:50 pm

Evaluation of Students

Final grades will be based on the cumulative number of points from each of the following:

Class participation	200 pts
Exam (2) 75 pts.	150 pts
Taping Exam	100 pts
In-class Presentation	100 pts
Total	550 pts

Grading Scale

A: 550-495; B: 494-440; C: 439-385; D: 384-330; F: 330

Minimum grade excepted for this course is a "C"

Exams will include material covered in class as well as all reading assignments. Exams cannot be taken late but may be taken early under certain circumstances. Students will not be allowed to make-up a missed test, **NO EXCEPTIONS.**

Scholastic Honesty and Discipline

Students are encouraged to study together and to share their knowledge freely during the learning process. However, during exams no assistance from other students will be allowed. Materials such as books and notes may not be used unless otherwise indicated by the instructor. Students should handle their answer sheets discreetly by keeping them out of easy view of others. "Scholastic dishonesty-which includes the attempt of any student to present the work of another as his or her own, or any work which s(he) has not honestly performed, or attempting to pass any examination by improper means is a serious offense and will subject the student to disciplinary action. The aiding and abetting of a student in any dishonesty is held to be an equally serious offense. All alleged acts of scholastic dishonesty will be reported to the Dean of Students for disposition. It is the Dean of Students' responsibility to investigate each allegation, or proceed with disciplinary action in a manner which provides the accused student his or her rights of due process.

Professional Conduct

During this course you will be expected to deal with our subject area, your colleagues, and yourself as a professional. Learning with offensive strategies rather than with defense and evasion should be your approach

to this class. Demonstrate pride in your chosen profession through both your actions and your attitude. ***This includes being on time for class and coming to class prepared. Attendance is expected. Contact the instructor if you are going to miss class. (200 points)***

Note: The Kinesiology Program seeks to provide reasonable accommodations for all qualified individuals with disabilities with respect to equal educational opportunities. It is the student's responsibility to present proper documentation to the faculty member in a timely manner in order to arrange for appropriate accommodations.

Tentative Course Agenda:

Date	Topic
8-24-09	Getting to Know You
8-31-09	Athletic Training As a Profession, Aspects of Administration and Professional Development
9-7-09	No class
9-14-09	Introduction to Anatomy, How do you tear tape?
9-21-09	Epidemiology of Athletic Injuries, taping hand
9-28-09	Head and Facial Injuries, taping wrist & elbow
10-5-09	CPR-FIRST AID
10-12-09	Environmental Conditions, taping ankles
10-19-09	Protective Devices, wrapping
10-26-09	Ankle, Knee, Hip Injuries in Review
10-30-09	Last day to drop
11-2-09	CPR-FIRST AID
11-9-09	IMPACT STUDY
11-16-09	Patient Assessment and Treatment Methods
11-23-09	Presentations
11-30-09	Presentations

12-7-09

Final

Final (75 points)

This will be a comprehensive final. Test will be predominantly multiple choices with some discussion/essay questions.

CPR and First Aid final given the night of the class.

Taping Exam (75 points)

Presentation (100 points)

Teams will prepare a 15 minute's minimum presentation using Microsoft Power Point. Your presentation must have 25 slides and must included 6 different references. Things to be included are anatomy, rehabilitation programs, evaluation of injured body part and surgery.

Your fellow classmates will evaluate your presentation.