

**THE UNIVERSITY OF TEXAS AT EL PASO
COLLEGE OF HEALTH SCIENCES**

**Health Science: 1301
Foundations in Health Science and Health Promotion
MTWRF – 9:30 am - 10:35 am
College of Business Administration, Room 302
Summer I, 2009**

Instructor:	Sharon Thompson, MPH, Ph.D., CHES
Office:	College of Health Sciences, Office 706
Office Hours:	Mondays 11:30 am – 1:30 pm Wednesdays 11:30 am – 1:30 pm OR By appointment
Telephone Number:	747-7221
Email:	sthompson@utep.edu

Course Description: Provides information essential to understanding factors that affect human health: health determinants, health indices, ethical issues, and societal trends. Investigates professional practice settings, health professions, roles and functions of health professionals and professional health organizations. Visits to community health worksites may be required.

Course Rationale: This course provides an overview of the health education profession. Class activities and discussion combined with the field experience, which is completed outside of class with a practicing health educator, gives students an opportunity to gain a foundation for subsequent major course work.

Course Objectives: Upon completion of the course the student will be able to:

1. Develop a personal philosophy of health education.
2. Understand the history of health education and public health.
3. Explain how health education occurs within society.
4. Identify and provide examples of major roles and work settings of health educators.
5. Understand ethical issues relating to health education.
6. Identify the roles, responsibilities, certifications, and advanced study of health education.
7. Describe the function, literature, focus, and programming of several professional health education organizations.
8. Identify the skills necessary to be a health educator.
9. Describe future trends in health education.
10. Construct a professional portfolio.
11. Develop a professional poster to disseminate health information.
12. Interview a practicing health educator and shadow the individual for 4 hours.

Required Text:

Cottrell, R. R., Girvan, J. T. & McKenzie, J. F. (2008). *Principles and Foundations of Health Promotion and Education*, Four Edition Edition. San Francisco, California: Benjamin Cummings.

Methods: The following methods will be used to examine the foundations of health science and health promotion:

- Lecture-discussion
- Assigned readings in text or handouts.
- Educational videos
- Group assignments/activities
- Individual assignments/activities
- Guest lectures
- Field experience

Activities and Grading Plan

- Assignments - Group and individual exercises will be assigned throughout the semester. In order to earn the points, the student must be in attendance. No late group or individual assignments will be accepted (100 points).
- Interview & Shadowing Experience – The student will interview a practicing health educator and shadow that individual for a minimum of 4 hours. Further instruction will be provided (100 points).
- Health Practitioners Notebook – Students will compile contact information from all health practitioners distributed during the Interview and Shadowing presentations, and compile them into a notebook. Further instruction will be provided (50 points).
- Poster – The student will develop a poster outlining a professional health education association. The poster will be presented in class. Further instruction will be provided (50 points).
- Portfolio – The students will develop a professional portfolio. Further instruction will be provided (100 points).
- Examinations – There will be three examinations. The test items may be objective in nature including: multiple choice, true/false, and/or matching. These three exams will be of equal weight (3 exams 100 points each).

Points

⇒ Assignments	100
⇒ Interview, Shadowing, and Presentation	100

⇒ Poster	50
⇒ Portfolio	100
⇒ Health Practitioners Notebook	50
⇒ Examination I	100
⇒ Examination II	100
⇒ Examination III	100
TOTAL	700

Grading Scale

700 – 627 Pts	A
626 – 557 Pts	B
556 – 487 Pts	C
486 – 417 Pts.	D
416 or below	F

Attendance Policy and Tardiness: An excused absence is a university excused absence as defined in the University catalog. Please refer *The University of Texas at El Paso Undergraduate Catalog* for specific details. Make-up examinations and activities/assignments, etc. will **only** be granted in the event of a university excused absence. Students who are excessively absent from class (as determined by the instructor) will be dropped from the course.

Punctual attendance to all class sessions and remaining for the duration of the class is required. Chronic tardiness or leaving early will not be tolerated. Students who are excessively tardy to or leave early from class (as determined by the instructor) will be dropped from the course.

Notice of Policy on Cheating: Students are expected to be above reproach in all scholastic activities. Students who engage in scholastic dishonesty are subject to disciplinary penalties, including the possibility of failure in the course and dismissal from the university. “Scholastic dishonesty includes but is not limited to cheating, plagiarism, collusion, the submission for credit of any work or materials that are attributable in whole or in part to another person, taking an examination for another person, any act designed to give unfair advantage to a student or the attempt to commit such act.” Regent’s Rules and Regulations, Part One, Chapter VI, Section 3, Subsection 3.2, Subdivision 3.22. Since scholastic dishonesty harms the individual, all students, and the integrity of the university, policies on scholastic dishonesty will be strictly enforced.

Special Concerns: If the student has any special needs or concerns, these should be brought to the instructor's attention as soon as possible. This includes disabilities relevant to successful completion of this course. Disabled Student Services, located on main campus, is available to assist.

Course Guidelines:

- Students are responsible for studying assigned readings or handouts **BEFORE** each class session.
- Students are expected to be on time to class each session. Be punctual.
- Students are expected to remain in class for the duration of the session. Premature departure is highly discouraged.
- If the student must be absent, he/she is responsible for obtaining the material, notes, handouts, etc. covered during the session from a classmate.
- Group and individual assignments must be turned in on time. Absolutely **NO** late assignments will be accepted.
- Group or individual activities must be completed on the assigned date. Group or individual activities may **NOT** be made up at a later date.
- Make-up quizzes/exam will only be given in the event of a University excused absence as defined on pg. 112 of the UTEP Undergraduate 2008-2009 Catalog.
- Mobile telephones, text messaging, and beepers/pagers are absolutely **PROHIBITED**.
- Remember, students earn grades; professors do not give grades.

Course Schedule

(This is a tentative course outline and is subject to change pending notification by the instructor)

Week One

Monday 06/08/09	Introduction, Course Orientation, & Course Assignments
Tuesday 06/09/09	Chapter 1 – A Background for the Profession
Wednesday 06/10/09	Chapter 9 – The Literature of Health Education & Library Orientation
Thursday 06/11/09	Chapter 2 – The History of Health and Health Education
Friday 06/12/09	Field Experience

Week Two

Monday 06/15/09	Examination I
Tuesday 06/16/09	Chapter 3 – Philosophical Foundations
Wednesday 06/17/09	Chapter 5 – Ethics in Health Education
Thursday 06/18/09	Chapter 8 – Agencies/Associations/Organizations
Friday 06/19/09	Field Experience

Week Three

Monday 06/22/09	Examination II
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Tuesday
06/23/09

****Poster Presentations****

Wednesday
06/24/09

Chapter 6 – The Health Educator: Roles,
Responsibilities, Certifications, Advanced Study

Thursday
06/25/09

Chapter 7 – The Settings for Health Education

Friday
06/26/09

Field Experience

Week Four

Monday
06/29/09

Chapter 10 – Future Trends in Health Education
****Portfolios Due****

Tuesday
06/30/09

Presentations

Wednesday
07/01/09

Presentations

Thursday
07/02/09

Course Wrap-Up
****Health Practitioners Notebook Due****

TBA

****Examination III****
