

325134201 PHYSICAL EDUCATION FOR ELEMENTARY CLASSROOM TEACHERS

Course Description-Standards in Physical Education:

1. What is Physical Education?
2. Motor Development and Motor Learning for Children
3. Exercise Concepts and Fitness Education
4. Physical Education Curriculum
5. Movement and Skill Components
6. Motivating Students
7. Creating a Safe Environment
8. Managing and Teaching a Physical Education Lesson
9. Activities for Motor Development

Course Goals

1. The student will understand the age appropriate motor patterns.
2. The student will apply motor learning and development.
3. The student will exhibit a physically active lifestyle.
4. The student will know the importance of physical fitness.
5. The student will demonstrate responsible personal and social behavior.
6. The student will understand and respect individual differences.
7. The student will enjoy, be challenged, and have fun through activity.

Course Benchmarks:

The student who successfully completes this course will be able to:

1. Define and defend the role of physical education in elementary school.
2. Develop and evaluate curriculum models for elementary physical education.
3. Identify strategies used by successful physical educators, including lesson planning, unit planning classroom management, and discipline, observation, and evaluation of student performance
4. Demonstrate knowledge of legal issues associated with teaching physical education and providing a safe environment for students.
5. Demonstrate the essential components of an effective lesson plan and unit plan.
6. Select and teach age appropriate movement skills responsive to the individual needs.
7. Teach an appropriate movement lesson for elementary students.

Monday -Friday Summer II 2009 **July 6-August 3**

Location **Holliday Hall 9:20-11:30 a.m.**

Instructor **Linda Crooks** [lcrooks@utep.edu](mailto:lcrooks@utep.edu) lcrooks1@aol.com

**Evaluation of Students**

Attendance/Participation	600	30 points daily
Written Assignments	200	
Lesson Plans/Portfolio	<u>200</u>	
	1000	

A=95-100%

B=85-94%

C=75-84%

D=65-74%

F=below 64%

